

WEEK ST MARY DIRECTORY

Parish Council Chair:	Mrs C Slade	WSM 341350
Parish Clerk:	Suzanne Cleave	07853-298595
Email:	wsmclerk@gmail.com	
Parish Hall Chairman:	Mrs Margaret Johns	07856-357424
Parish Hall Bookings:	Ms Brenda Jennings	01288-341429
	dippyfish@btinternet.com	
County Councillor:	Nicky Chopak	07810-302061
Email:	nickychopak@gmail.com	
<u>SITA Recycling Centre:</u>	Tiscott Wood	01288-355131
	9:00am - 4:00pm	
	7 days a week except	
	Christmas Day, Boxing Day and New Years Day	
<u>Doctor's Surgeries (Appointments)</u>		
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	Ruby Country Medical Group (Holsworthy & Hatherleigh)	01409-253692
	Neetside	01288-270580
<u>Buses:</u>	Plymouth City Bus (colour Red)	01752-662271
<u>WSM Transport Rep</u>		
	(Launceston Mon & Thurs 09:38am Ret 12:50pm from TESCO	
	Launceston Tue 09:38am Ret 12:30pm from TESCO	
	Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)	
<u>Women's Institute:</u>		
President:	Mrs Sue Dickenson	WSM 341016
Secretary:	Mrs Roberta Jones	07788-548875
<u>National Child Line:</u>		0800 1111
<u>Diocesan Safeguarding Officer for Children and Vulnerable Adults</u>		
	Mrs Sue Dickenson	WSM 341016
<u>Mobile Library:</u>	The Square, Week St Mary 11:50am-12:10pm	
	Check calendar for monthly dates.	
<u>Football Club:</u>	Mr Antony Sachs	WSM 341090
<u>Parish Church:</u>	Rev David Saunders	07834-459672
	rector@bude-coast-benefice.org	
<u>Methodist Church:</u>	Rev Steve Swann	01840-779339
	(Service times for both churches inside Magazine)	

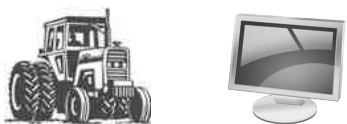
Week St Mary Magazine



October 2024

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AND RESPONSIBILITIES**

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Vice Chair:	Mr I Richardson	07379-292313
Parish Clerk:	Suzanne Cleave	07853-298595
Finance:	Mr S Peters	WSM 341578
	Mr I Richardson	07379-292313
Highways, Streetlights & Trees:	Mr T Hamlyn	07896-738521
Public Conveniences:	Parish Clerk	
Parish Greens:	Mr T Hamlyn	07896-738521
Parish Office:	Clerk	
Primary Schools:	Miss Rachel Shipton	07792-258665
Playing Field	Mr T Hamlyn	07896-738521
	Mrs C Slade	WSM 341350
	Mrs M Johns	07856-357424
	Mr S Gubbin	07988-861613
Planning:	Mr S Peters	WSM 341578
	Mr I Richardson	07379-292313
	Mr Stuart May	WSM 341092
Football Club Rep	Mr Richard Bolt	07813-949832
	Ms Louise Stephens	07831-404604
Non Council members		
Defibrillator	Mrs J Pearce	WSM 341525
Footpaths & Back Lane (Public Rights of Way):	Mr P Dorren	WSM 341117

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as
e-mail. Handwritten pieces are fine too but if you use a computer,
please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor	Mr Dick Sowerby	WSM 341348
e-mail	editor@weekstmaryvillage.co.uk	
Advertisements	Mr Dick Sowerby	WSM 341348
Magazine Design	Mr Terry Edwards	WSM 341083
Distribution & Holiday Let copies		
	Mr Michael & Mrs Shelley Collman	WSM 341649

Week St Mary Magazine

OCTOBER 2024

Issue No 442

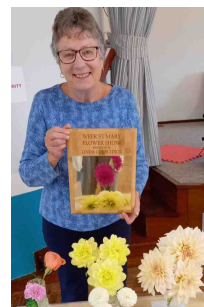
Week St Mary Revel

Week St Mary Revel Celebrations began on **Sunday 15th September** with a fantastic **21 car Car Treasure Hunt** organised by Alan Colwill who provided the trophies for the Winners, the Tremlett family. Many thanks to the Stumble Inn at Chelsfield Farm who provided hospitality before and after and made a very generous donation to the Revel Fund.

On **Wednesday 18th September** the Parish Hall was the venue for the **Revel Produce and Flower Show** run by **Jeff Roberts & Margaret Johns** and the **Revel Bake Off Competition** run by the **WSM Bonaventures WI**. Despite a poor summer there were many vegetable and flower entries and the winner of the **Mervyn and Carol Slade Cup** was won by **Richard Bennett** and for the most



points in the Baking Competition was won by **Jenny Parkin**. The **Flower Show Cup** by **Linda Cobbledick**. Linda had also donated a new plaque to replace the old cup whose engraving spaces were full.



On **Friday 20th** the Parish Hall organised the **Revel Bingo** which was a fun evening enjoyed by all.

Front Cover Translation: Oh what beauties there are amongst us.

By **Saturday 21st** which was **Revel Day**, the weather forecast was not at all good so there was feverish activity in the playing field providing additional cover to that kindly given by **Alan Colwill**. Stalls and a kitchen were erected but the weather stayed fine, and the village enjoyed a fantastic afternoon and evening of Revelling and raising funds for the Church, the Chapel, and the Parish Hall. Many thanks to all who took part in the organisation by being part of the Revel Committee, helping out on the day and lending their skills and equipment and to all who turned up to join in.



At the beginning of the afternoon, the **Harvest Queen, Charlotte Sharland** and her attendants, **Delphie Ellis** and **Rowan Spettigue** and Page **Lucas Willoughby** were led in procession by the **Barrel Border Morris** side to the church for the crowning ceremony. **Rev David Saunders** led the proceedings which included the announcement of the new Citizen of the Year, **Mrs Trina Ward** by Mr Len Davies.



side to the church for the crowning ceremony. **Rev David Saunders** led the proceedings which included the announcement of the new Citizen of the Year, **Mrs Trina Ward** by Mr Len Davies.

Fancy Dress Winners were under 5:1. **Harley Sharland**, 2. **Arthur**

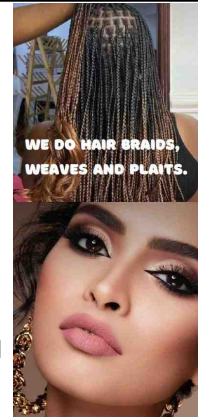


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Forthcoming Events

- Saturday October 12th
Bright Sparks performance of "Shrek the Musical" at the Chapel at 6:30pm see p16
- Sunday October 13th
Bright Sparks performance of "Shrek the Musical" at the Chapel at 3:00pm see p16
- Saturday October 19th
Bright Sparks performance of "Shrek the Musical" at the Chapel at 6:30pm see p16
- Saturday October 26th
Halloween party see p13
- Saturday October 26th
TAMAR Rock & Roll - DJ THE BEAR see p18
- Sunday November 3rd Sunday Roast see p30
- Saturday November 9th WSMFC Race Night see p15
- Monday November 11th Jubilee Club TRURO see p38
- Saturday November 23rd. Christmas Market see p33 this month
- Saturday November 30th - Wreath Making Parish Hall
- Saturday November 30th—Tamar R&R DJ DYNAMITE DAVE see p31
- Friday December 6th Mulled Wine at Wentworth House
- Saturday December 7th - Christmas Bingo and Draw
- Sunday December 8th - Christmas Craft Fayre
- Thursday December 12th Johnny Cowling Carols/Xmas Concert see p32
- Friday – Mon December 20th,21st,22nd & 23rd - Christmas Tree festival with Father Christmas
- Tue Dec 24th Crib Service

JUBILEE CLUB

The Jubilee Club have organised a Coach Trip to TRURO on MONDAY 11th NOVEMBER
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Week St Mary Playgroup



Welcomes you

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C A M E O

Come And Meet Each Other

No Meeting in October

Everyone most welcome for tea, coffee, biscuit or cake and an opportunity for a chat.

As ever, transport can easily be arranged but will people please book with
Sue Dickenson 01288-341016

Look forward to seeing you !

Happy Memories, Memory Cafe

For people with memory problems, big or small, old or new,
all ages welcome.

Meets at Week St Mary Church 2-4pm on the
second and fourth Monday of every month.

Company, games, chat, memory training, exercises,
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through Disability Cornwall.

Want more Information? Talk to Sue 01288-341016

ADVENTURE CHURCH

Week St Mary Adventure Church meets every Tuesday
during Term time. We meet in and around Week St Mary
Church at 4:30pm and enjoy a bible or moral story and prayer
followed by fun and adventurous activity before enjoying a
shared meal. All welcome age 5-12, (One adult per family
must also attend please).

Lesley Booker 01288-341221

CRIME REPORTING



To report a crime telephone number **101**
or Email: 101@devonandcornwall.pnn.police.uk

To give anonymous information
Crimestoppers 0800 - 555111



Thought for the Month

Memories are the seeds
from which tomorrow grows.

Jeanette Turner

Spettigue, Under 5 Group prize **George Shipton & Ronnie Walpole**. 5-12: 1. **Zara Chapman** 2. **Olive Lee-Tracey**, joint 3rd **Verity Bolt** and **Mariia Homeniuk**.

The Best Dressed Henry (hoover) competition was well supported with prize plaques being awarded in all categories including First prizes for the following: "**Henry**" **Henry Lesley Booker for Henry VIII, Old Henry Mark and**



Sarah of Premium Carpets with their

Vintage Vacuum, Film and TV Henry Kay Parry with **Dumbo, Popstar Henry Rob Carter with Dolly Parton,** and **Funny Henry Emma with her Human Henry**. The event was sponsored by Premium Carpets & Flooring of Week St Mary.

The £25 Winner of the **Guess Where** competition was **Mrs Jeanette Turner**.

The Winner of the **Guess the Number of Footballs Challenge** was **Lucas West** who correctly guessed 64 balls and carried off the Prize Football. **Frank Barriball** then



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WEEK ST MARY PARISH HALL 100 CLUB



The **September** 100 club winners are:-

1st Angela Cox £25

2nd No Shelly Collman £20

3rd No Chris Bate £10

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Sue Dickenson WSM341016

Linda Cobbledick WSM341468

Sue Dyer WSM341083



Everyone and we mean EVERYONE is most welcome

WEEK ST MARY CHAPEL



Chapel Services for October 2024

Sun	6 th	11:00	Morning Worship led by the Worship Team
Sun	13 th	11:00	Morning Worship led by the Worship Team
Sun	20 th	11:00	Let's Meet. Shared informal worship led by members
Sun	27 th	18:30	Café Church

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.



Services at St Mary's Church

October 2024

Sun	6 th	10:00	All Age Worship
Sun	13 th	18:00	Evening Prayer
Sun	20 th	11:15	Holy Communion
Sun	27 th	10:00	Morning Prayer

Every Wednesday @ 8:30am there will be a zoom service of Morning Prayer
Full details are available via achurchnearyou.com

donated 22 new practice balls to **Week St Mary Football Club** and half of the proceeds of his stall, the remainder going to the Revel Fund.

Mr Andrew Smeeth won **£50** in **Play Your Cards Right** in the early evening. Thanks to **Richard Bolt** for arranging the lighting of the Week St Mary Beacon to start the evening off.

Devil Rain played until late in the Marquee. **Tom Wickett** provided a great **Barbecue** and **Alan Colwill** a well stocked bar. The event was very well attended and thoroughly enjoyed by all generations.

On Sunday evening we celebrated St Mary's Church dedication with **Rev David Saunders** and on Monday the Village Harvest Festival, this year in the church, with donations to **Bude Food Bank**.

Adventure Church



Week St Mary Adventure Church will begin meeting once again on **1st, 8th, 15th & 22nd October**

We welcome all children (preferably at least 4 years old) and at least one parent or carer per family at 4.30pm at WSM Church, where we have a story and adventurous or crafty activity (depending on the weather), a prayer and a shared meal - all for £1.50 per child.

Contact Lesley on **01288-341221** for details or join our Facebook Group *week st mary adventure church* for further details. We usually communicate through FB Messenger.

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Tuesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Wednesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Thursday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Friday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Saturday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
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Week St Mary Church

After a fantastic Revel Saturday, Week St Mary Church held its annual Revel Sunday Service celebrating the dedication of the church to St Mary. The service was attended by the Harvest Queen and her attendants and the preacher was Revd David Saunders at his first Revel in the village when he spoke about the skills required for motherhood, especially when bringing up adventurous boys!

On Monday 23rd the Village Harvest Festival was held in the church with a service about Fruitfulness from the joint Anglican and Methodist Worship Team. The Harvest Queen and attendants were once more present and a delicious Harvest Supper was enjoyed by over 40 people afterwards. Thanks to all who provided the food and worked in the kitchen, a car full of gifts of the Bude Food Bank was collected for delivery the next day.

Next year's service will be held at Week St Mary Methodist Chapel.

Lesley Booker

Lego Café

Week St Mary Lego Cafe will be on

Saturday 12th October.

We will be open between 9:30 and 12:00 noon
 with breakfast being served between
 9:30am and 11:30am.

We would be very grateful if anyone interested could offer to help with a few jobs such as getting out and putting away the Lego boxes at 9:15am and 12:00 noon, occasionally helping with cooking etc. Please contact **Lesley (341221)** or **Linda (341468)** if you can do this.

Thank you

Week St Mary Bonaventures Women's Institute - September Meeting

This month we were delighted to welcome David Thorn who shared with us some fascinating photographs from the archive of Bude photography curated by the business run by his ancestors.

David's ancestor Harry Thorn, born in 1838, was a pioneer in photography and brought his business to



Bude in the early 1860's and developed the studio with the help of his brother Samuel and sister Sarah, both of whom appear in many of his images.



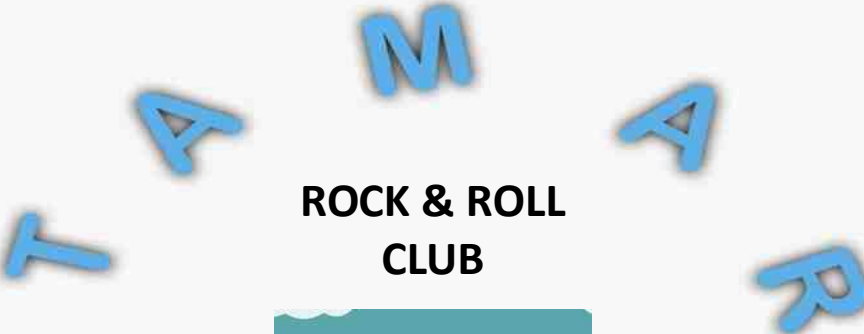
David shared many fascinating pictures with the group which

charted the changes in Bude over the late 19th and early 20th century and documented many historical events in the town.


In his images of the numerous shipwrecks in Bude, local landmarks such as the barrel rock and original storm tower could be seen and there were many locals visible in the pictures. It was striking how well dressed the spectators were in what appeared to be their "Sunday best" with very smart hats and coats. The very early images of the wreck of the Bencoolen in 1862 showed the large amounts of smashed wood from the hull which were salvaged and used as timber for houses and workshops helping Bude to prosper in the latter half of the 19th century.

Another famous image shared by David was of the river and the Strand in Bude around 1871-1876. This can be accurately dated as the 5 gabled houses, now Greville Terrace, in the picture are listed as "under construction" in the 1871 census. The Globe Hotel in the centre right is just visible.

David also shared images of the new lifeboat house and lifeboat,



ROCK & ROLL CLUB



DJ DYNAMITE DAVE

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that a simple smile can accomplish."

And what does the Bible say about smiling? In the Book of Proverbs Solomon states: *'Light in a messenger's eyes brings joy to the heart, and good news gives health to the bones'.* (15:30 NIV). A smile brings comfort and good health to others.

This month, as we head to darker days and mornings, let's not forget the power of a smile on ourselves and others; the kindness it can show and the lives it can change. You may be the only one someone sees each day, or you may not know what someone is going through in life, so let your coming and going be with a smile.

Revd David Saunders

Parish Hall Christmas Hampers

We would appreciate gifts for Christmas hampers in the Christmas draw to be drawn at Bingo on December 7th Collection box will be in the shop or give to any committee member.

Thank you!!

Sunday Roast Lunch

at The Parish Hall on

Sunday November 3rd @ 12:30pm



Adults : £12 - School age : £6 - Under 5 : free

Desserts : £3.50

Bookings to Margaret.

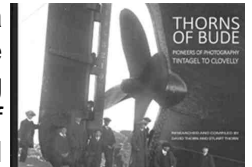
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the railway coming to Bude, the opening of the new sea pool and the Picture House where an advertising poster for a Charlie Chaplin movie was visible.

This was a fascinating historical talk and brought to life the history of Bude over the last 150 years and we were very grateful to David for his knowledgeable and enthusiastic sharing of the family story.

For anyone interested in learning more, a detailed historical account of the family, the photography business and many fascinating images can be found in his book "Thorns of Bude". A treasure for anyone interested in local history in pictures.



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For details of our next speaker see page 28

For more information about our WI,
please contact our Secretary, Roberta Jones,
on 07788-548875

roberta.jones20@gmail.com

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Ruminations from the Rectory

Did you know that October 4 is *World Smile Day*?

Celebrated on the first Friday of October, World Smile Day encourages acts of kindness and the spreading of happiness through smiles. Across the world, people are encouraged to perform random acts of kindness, whether it be smiling at strangers, volunteering, or helping those in need. The day promotes the idea that a simple smile can brighten someone's day and create a ripple effect of positivity. In the book *The Face of Emotion*, by Carroll E. Izard, the writer describes smiling as a positive expression understood by everyone, regardless of culture, race or religion. Cross-cultural studies have found that even among tribes who have little contact with Western civilization, their smiles are universal. Smiles are an expression of love and friendship that benefits both the smiler and the receiver of that smile. Interestingly, a 30-year study by psychologists Lee-Anne Harker and Dacher Keltner at the University of California at Berkley looked at 141 high school senior-class photos from the 1960 year book of Mills College. The trained psychologists examined the photos, separating those with real genuine smiles and those who didn't really want to smile. There was a fifty-fifty split. All of the smilers were contacted at various ages of their lives and asked various questions about their happiness and satisfaction with life. Was there a link between genuine smilers and happiness? The results were fascinating...

The study found that women with natural smiles were more likely to be happier and also more likely to experience a greater sense of personal well-being. These results were found to be consistent in a 30-year follow up. The conclusion was that those who smile naturally may be happier in life. Furthermore, those who smile throughout life also pass on their happiness to others.

As Mother Teresa said, *"I will never understand all the good*

WSM Chapel grant (approved at August meeting)
£ 400.00 (CB Fund)
WSM Church grant (approved at August meeting)
£ 400.00 (CB Fund)
Stay Put Fencing £ 318.00

13b To note income

Reserve account interest £ 28.88
Week St Mary Football Club – water bill
£ 35.86

Councillors approved the payments and accounts.

14. Date of the next Meeting October 3rd, 2024
Budget requests.

The meeting closed at 9.10pm.

Next Ordinary meeting 3rd October @07:00pm
Suzanne Cleave - 07853-298595 wsmclerk@gmail.com

Week St Mary Parish Council

Week St Mary Parish Council would like everyone to know that the lower area of the playing field is now open for walking only.

WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

Next Meeting on **THURSDAY 10th OCTOBER**

7:00 for 7:30pm in the Methodist Chapel School Rooms

Terry Faull tells tales of Demelza's People

'THE REAL POLDARK INHERITANCE'

All Members and Lady Guests Welcome!



Halloween Party
on
Saturday October 26th
at
the Parish Hall

From 3-6pm
Children up to 11 years.
Admission £3.
Fancy dress competition.
Pumpkin competition
(ready carved).
Disco, games, bring and share tea.
All are welcome!



LINE DANCING CLASSES

We are considering starting line dancing classes,
if you would be interested

contact Margaret on 07856357424

Stating what afternoon or evening
would suit you best.



Lunch Club

Week St Mary Church Lunch Club will meet again on

October 16th at 12:00 noon

Please book your meal on

01288-341221 or lesleybooker@gmail.com

so that we know how many to cater for.

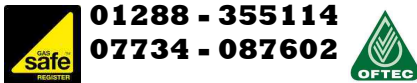


Sean Johns Plumbing & Heating



has recently moved out of the village but will continue to provide plumbing services to all customers old & new

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6 South West Water
Cllr Slade explained that the water pressure at the top of the village is a nightmare, with either no pressure or the pressure suddenly drops. She felt the council should write to South West Water with its concerns over safety (i.e showering an elderly person or a young child).

7 Barn conversion
The council received correspondence about a conversion with materials encroaching onto the path. Cllr Chopak said she has spoken with the neighbours and has advised them to take legal advice. It is not a matter for the parish council.

8 Council audit
The council's AGAR audit has been passed satisfactorily.

13. Accounts Balances August 30, 2024

Current account	£ 3,003.72
Reserve account	£21,660.91
Community Benefit Fund	£ 4,854.72

13a. To approve accounts for payment including: Suzanne Cochrane – Salary August (inc HMRC PAYE and NI) As per contract

Cornwall Pension Fund (August)	
Suzanne Cochrane (mileage)	£ 32.40
Jamie Sachs – toilets	£ 120.00
Jamie Sachs – Greens	£ 150.00
BDO LLP – AGAR external audit	£ 252.00
Week St Mary Parish Hall (Sept payment – 3 of 4)	£ 500.00
EDF Energy – electricity toilets	£ 20.00
Pennon Water (Playing Fields)	£ 35.86
Citizens Advice Cornwall (donation previously approved)	£ 100.00
Trevor Hamlyn – fence posts	£ 132.83
Week St Mary Community Shop	£1,000.00 (CB Fund)

Benefit Fund applications

None.

12 Agenda items

1 Path project

Following correspondence from Cornwall Council, including confirmation of deadlines, the council decided to not proceed with the path project. The clerk will send a letter on behalf of the council expressing its frustration at the process.

2 Gov.uk emails

The clerk explained the recommendation for parish councils to adopt a gov.uk email system. Councillors were not keen on spending money on the domain, and instead the clerk will look into other alternatives for council emails.

3 Equipment

The council received a number of quotes in order to purchase its own mower. Cllr Peters said there was £1,000 in the budget for the path project which could now be used for the purchase of a mower. Councillors accepted a quote from Bridgmans for £2,889 including VAT.

It was also agreed to contact the football club to let them know as of October 1, the parish council would take over the cutting of the top field.

4 Lambley Corner

The posts are now in place. John Grigg has donated the rope and the council extended thanks to him. Cllr Hamlyn will trim the hedge.

5 Speed indicator sign

The council received correspondence asking for a speed indicator sign to be installed. The clerk contacted Cornwall highways who said they could request another visit for speed monitoring. The council agreed to request this. Cllr Chopak advised that there would be no change to the speed limit until the end of 2025 (with the possible change to 20mph). Next autumn parishes will be asked if they are in favour of a 20mph speed limit.



Week St Mary Football Club Fundraising Update

Save the date! Race Night on the
9th November at the **Old Orchard Inn.**

Thanks to Jason and Cindy for hosting this fun event.

Calling all local businesses! We have an exciting opportunity for you to showcase your support for Week St Mary Football Club while promoting your business. We're offering advertising boards at our pitch, which provide a great way to reach a wide audience of football enthusiasts and local residents. If you're interested in sponsoring a board, please get in touch with us via email at

wsmfcfundraising@outlook.com.

All we need from you is your company logo and the information you'd like displayed on the board, and we'll take care of the rest. The boards measure 1525mm x 610mm and cost just £150, which includes the first year's advertising. For subsequent years, the cost is £50.

The tea shed will now be open at all youth games (and some senior games), offering tasty treats and hot and cold drinks. Cash or card accepted!

Join us in supporting Week St Mary Football Club and enjoying the beautiful game together!

Bright Sparks Music & Drama Club

presents


SHREK
The Musical JR

Based on the Dreamworks Animation Motion Picture and the Book by William Steig

Sat 12 Oct 6.30pm Sun 13 Oct 3pm

Sat 19 Oct 6.30pm

at The Chapel, Week St Mary

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8b. Decisions

The following decision was noted:

PA23/04306 – Development comprising the delivery of a ground mounted solar farm alongside associated infrastructure including distribution substation upgrades with the capacity to deliver approximately 42MW of renewable energy. Land north of Canworthy House, Canworthy Water. **REFUSED**

8c. Planning - to note

None.

9 Portfolio Reports:

Playground

The council is waiting on the play inspection. The fencing posts by the playing field and football pitch have rotted, Cllr Hamlyn is replacing these. There was some discussion about the possibility of holding events on the playing field. Any requests for events must come through the parish council and the relevant insurances and risk assessments carried out.

Highways, Footpaths & Greens

Cllr Hamlyn has reported a number of potholes – some have been sorted and some marked. There was a request for the white lines to be repainted and a possible stop sign installed at Greenamoor Cross in light of the recent collision. Cllr Chopak will ask Oliver Jones about this.

10 Correspondence including (all relevant emails forwarded):

The following correspondence was received: Cornwall Council Town and Parish Council newsletter; Cornwall Council Strategic meeting agenda; Hope for Cornwall event details; North Cornwall Community Area Partnership meeting agenda; Framework for Leisure briefing details; NHS Cornwall Together magazine.

11. Community Infrastructure Levy and Community

Celebrations this Month



Isobel Martyn

A Very Happy 15th Birthday on the 1st

Abbie Hannaford

A Very Happy 19th Birthday on the 5th

Delphie Ellis

A Very Happy 10th Birthday on the 10th

Chloe Martyn

A Very Happy 17th Birthday on the 13th

Pamela Morrison

A Very Happy 16th Birthday on the 23rd

Any Birthdays or Anniversaries always welcome.

Revel Sponsors - Thank you!

The Revel committee would like to thank the following businesses and individuals who supported this year's event with donations of various kinds:

Water and Wine - Morrison's, Bude Co-Op. Tarquin's Gin, and Sainsbury's. Revel Tea - Week St Mary Bakery (who also provided the magnificent Harvest loaf). Ice Cream - Chadd's Bouncy Castle sponsored by Sue Dickenson. The Stumble Inn - £50 donation, Best Dressed Henry Competition sponsored by Premier Carpets. Guess Where game sponsored by Stewart's Farm Holiday Cottages. Footballs in the dumper, Frank Barriball Groundworks.

It is impossible to individually thank all the helpers and workers who took part without accidentally missing someone out so thank you to all of you.

T A M A R
ROCK & ROLL CLUB



DJ THE BEAR
Saturday 26th October

7:30 - 11:30pm Bridgerule Village Hall EX22 7DY	£5 on the door Cash Bar Free Tea/Coffee Raffle
--	---

More info text Jackie on 07533-353388
Email freewayalbus@mail.com
Facebook @ TamarRockandroll

Cllrs C Slade (chair); I Richardson (vice chair); T Hamlyn; S May; R Bolt; S Gubbin; M Johns; S Peters and L Stephens. Also in attendance: Cllr Chopak and S Cleave, clerk.

- 4 **To receive apologies for absence with reasons**
Cllr Shipton – family commitment.
- 5 **To receive Declarations of Interest and approve Dispensations**
None.
- 6 **To approve the minutes of:**
Councillors approved the minutes of the ordinary meeting held on Thursday, August 1, 2024.
- 7 **To receive clerk’s report on matters arising**
The clerk’s report was noted. Cllr Slade to speak to a local family about a bench replacement and Cllr Bolt will follow up on the top soil needed in the playing field.
- 8 **Planning**
Any late applications received will be discussed under this section
 - 8a. **To discuss and make a consultee comment on application:**
 PA24/05325 – Proposed demolition of existing dwelling and erection of a new dwelling. Highmeadows. Week St Mary.
 Councillors proposed no objection to the plans.

 - PA24/ 06063 – Listed Building Consent for works comprising installation of land drainage; replacement of roof covering; remediation of roof structure; lining of chimney; installation of multi-fuel stove. The College, Week St Mary.
 Councillors proposed no objection to the plans.

**Week St. Mary Parish Council
held on Thursday, August 1st 2024**

- 1 Public question time** (15 minutes allowed for this – on matters on the agenda only)
None.
- 2 To receive County Councillor Nicky Chopak’s report on matters arising**
Cllr Chopak said the new Lib Dem North Cornwall MP Ben Maguire is hoping to visit every parish in the next few months, either attending an event or a parish council meeting. She said that he is able to give her a heads up about issues, and she has already noticed a positive difference in how they work together.
Cornwall Council – the waste and recycling service is rolling out with some residents in the area already having received bins or bags. She said there have been some queries from people who have received the wrong thing, but she advised people to hang tight while it is being rolled out.
Car parks – Cornwall Council Cabinet decided to potentially transfer some car parks to a third party. This has not gone through full council yet and may not happen until spring. They also wanted to transfer Newquay Airport. This has been referred to a judicial review.
Locally, a meeting was held regarding Stratton Minor Injuries Unit and its overnight service. It appears that not enough people are using Stratton. The League of Friends of Stratton Hospital are working to get some more facilities installed there. Work in progress.
The next Community Area Partnership meeting will be held on Monday and will focus on young people, and trying to understand what there is for young people in the area.
Cllr Chopak also noted that the Canworthy Water solar plans were refused by a significant margin.

- 3 To note councillors present**

Computer gaming benefits and dangers.

Many educators are seeing a rise in the number of students with behavioural issues and parents at their wit’s end in not knowing how to deal with them.

Many parents with children addicted to computer gaming, and addiction it is! Don’t know what help is available. Some believe there’s a stigma surrounding the admission a child is unruly or uncontrollable and will not seek help or advice, but the issue is greater and more widespread than you may think!

I have one such customer who’s 11-year-old child refuses to go to school, will not participate in family activities, will not eat at meal times and expresses a knowledge of the law which would amaze any barrister. Saying, you can’t make me do that and if you smack me, I will report you to the police etc, etc, etc.

Advocates of computer gaming will tell you there’s strong evidence that video games can improve the learning experience and enable students to develop their interpersonal skills with positive effects in an educational context:

- Provides experiential learning
- Engages students in STEM subjects
- Improves learning capabilities
- Enhances problem solving
- Encourages inclusivity



But conversely, despite the many benefits, gaming does have downsides. Here are some of the negative effects of gaming that some students can experience when playing video games:

- Conflict in the Home environment
- Poor physical health and hygiene
- Mental health problems
- Neglecting schoolwork and poor exam results
- Lack of interest in other activities
- Cyberbullying and anti-social behaviour



In these cases, the recommendations are to “Monitor Gaming Habits” and engage in open conversations about their experiences.

Seek professional help and consult a GP or the NHS National Centre for Gaming Disorders. Suitable websites are:

<https://www.cnwl.nhs.uk/national-centre-gaming-disorders>

<https://www.virtual-college.co.uk/resources/what-is-gaming-addiction>



For free telephone advice Contact Brian Meadows

Nofix-Nofee Computer Repair Services Tel: 01288 381061

Mon	Tue	Wed	Thu	Fri	Sat	Sun
October 2024	1 WSMPG see p37 Adventure Church see p7 & 36 	2 	3 Parish Coun Meet see p28	4 WORLD SMILE DAY	5	6 All Age Worship @ 10:00 see p34
7 Meet & Eat see p35	8 WSMPG see p37 Adventure Church see p7 & 36 	9  	10 Coffee Morning MSR 10:30 to 12:00 noon WI Meet see p11 & 28  	11	12 Lego Café see p9 Shrek see p16	13 Evening Prayer @ 18:00 see p34 Shrek see p16
14 HMMC see p36	15 WSMPG see p37 Adventure Church see p7 & 36 	16 Lunch Club see p13  	17	18	19 Shrek see p16	20 Holy Communion @ 11:15 see p34
21	22 WSMPG see p37 Adventure Church see p7 & 36 	23  	24 Coffee Morning MSR 10:30 to 12:00 noon 	25	26 Tamar R&R see p18 Halloween Party see p13	27 Morning Prayer @10:00 see p34 - Café Church see p34 BLACK CAT DAY
28 HMMC see p36	29 WSMPG see p37 	30 MISCHIEF NIGHT 	31 HALLOWEEN	<p>Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group, WSMWG is the Walking Group</p>  COFFEE MORNING  MEETING  RUBBISH DAY  MOBILE LIBRARY  RECYCLING DAY  Craft Group MSR		