

WEEK ST MARY DIRECTORY

Parish Council Chair: Mrs C Slade WSM 341350
Parish Clerk: Suzanne Cleave 07853-298595
Email: wsmclerk@gmail.com
Parish Hall Chairman: Mrs Margaret Johns 07856-357424
Parish Hall Bookings: Ms Brenda Jennings 01288-341429
dippyfish@btinternet.com
County Councillor: Nicky Chopak 07810-302061
Email: nicky chopak@gmail.com
SITA Recycling Centre: Tiscott Wood 01288-355131
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Ruby Country Medical Group (Holsworthy & Hatherleigh) 01409-253692
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Launceston Tue 09:38am Ret 12:30pm from TESCO

Holsworthy Wed 09:38am Ret 13:07pm - Bude Friday 09:38am Ret 13:01pm)

Women's Institute:

President: Mrs Sue Dickenson WSM 341016
Secretary: Mrs Roberta Jones 07788-548875

National Child Line: 0800 1111

Diocesan Safeguarding Officer for Children and Vulnerable Adults

Mrs Sue Dickenson WSM 341016

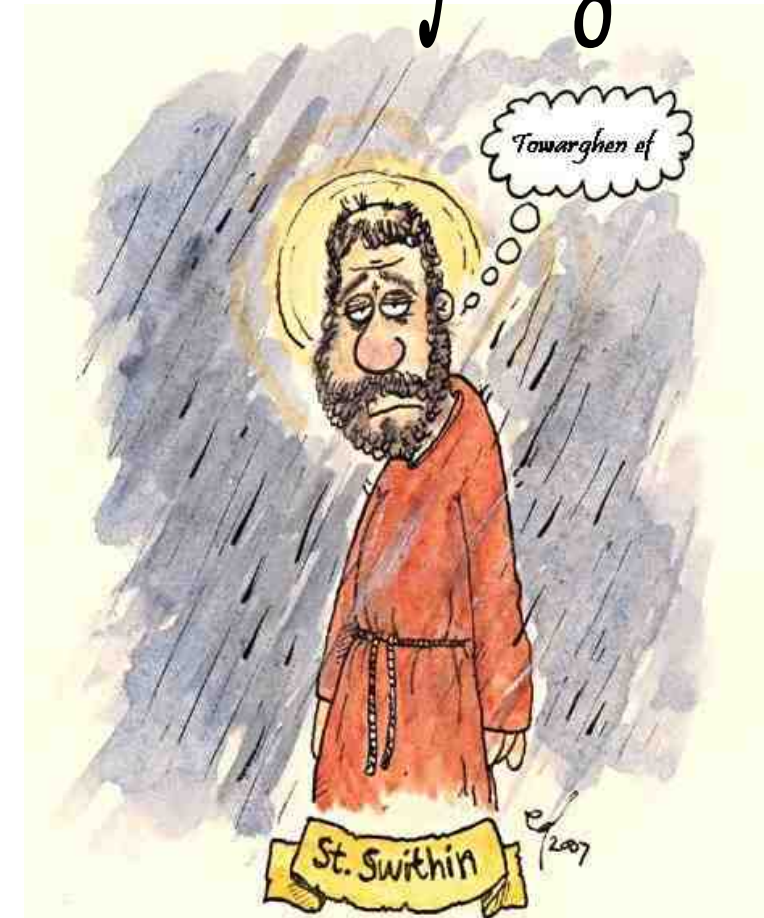
Mobile Library: The Square, Week St Mary 11:50am-12:10pm
Check calendar for monthly dates.

Football Club: Mr Antony Sachs WSM 341090

Parish Church: Contact Church Wardens on weekstmarychurch@gmail.com
Lesley Booker WSM 341221
Linda Cobbledick WSM341468

Methodist Church: Rev Steve Swann 01840-779339
(Service times for both churches inside Magazine)

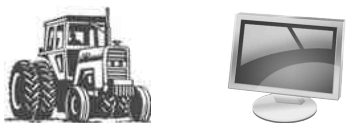
Week St Mary Magazine



July 2024

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po gober vyajya awel.

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**WEEK ST MARY PARISH COUNCIL MEMBERS
AND RESPONSIBILITIES**

Parish Council Chair:	Mrs C Slade	WSM 341350
Vice Chair:	Mr I Richardson	07379-29231
Finance:	Mr S Peters	WSM 341578
	Mr I Richardson	07379-29231
Parish Clerk:	Suzanne Cleave	07853-298595
Highways, Streetlights & Trees:	Mr T Hamlyn	07896-738521
Public Conveniences:	Parish Clerk	
Parish Greens:	Mr T Hamlyn	07896-738521
Parish Office:	Clerk	
Jacobstow Primary School:	Clerk	
Playing Field	Mr T Hamlyn	07896-738521
	Mrs C Slade	WSM 341350
	Mrs M Johns	07856-357424
	Mr S Gubbin	07988-861613
	Mr S Peters	WSM 341578
Planning:	Mr I Richardson	07379-29231
Defibrillator	Mrs J Pearce	WSM 341525
	Mr R Bolt	07813-949832
	Miss R Shipton	07792-258665
	Ms L Stephens	07831-404604
Non Council members		
Footpaths & Back Lane		
(Public Rights of Way):	Mr P Dorren	WSM 341117

MAGAZINE ENTRY DATES

The last date for entries to the Magazine is **22nd of the month**
Please get your copy to the editor or the shop, preferably on disc or as
e-mail. Handwritten pieces are fine too but if you use a computer,
please help by producing paperless words!!

MAGAZINE MEMBERS

Magazine Editor	Mr Dick Sowerby	WSM 341348
e-mail	editor@weekstmaryvillage.co.uk	
Advertisements	Mr Dick Sowerby	WSM 341348
Magazine Design	Mr Terry Edwards	WSM 341083
Distribution & Holiday Let copies		
	Mr Michael & Mrs Shelley Collman	WSM 341649

Week St Mary Magazine

JULY 2024

Issue No 439



Front Cover Translation: Will the myth hold true, rain or fare weather

WEEK ST MARY



EST.

1710

POOR MAN'S PIECE

COMMUNITY GREENSPACE

A new, 300 year old project

In 1710, a forward-thinking benefactor named John Clarke donated a field to the people of Week St Mary. He bequeathed "a little piece or quillet of land, called the Poor Man's Piece" to be held in trust "for the use of the... Parish forever". This land, one of the last few undeveloped medieval field strips in the area, continues to be protected for the community today.

Let's open the gate

Despite sitting in the heart of the village, at present Poor Man's Piece cannot be safely used because it is not insured for public access. With some investment, this space is just waiting to become a haven for human and wild life alike. We need to buy insurance and mend the gateway to allow people safe access; then, purchase young trees, wildflower plugs and wildlife boxes to provide for our wilder visitors.

PLEASE DONATE

We hope that you can help us to open the gate at Poor Man's Piece at last! To fund this exciting project we are welcoming donations at the community shop and via our Crowdfunder page:

<https://crowdfunder.co.uk/p/poor-mans-piece-1>

With thanks from the trustees
poormanspiece@gmail.com

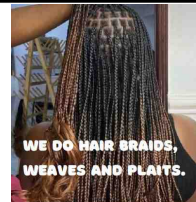


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Tracyann Hutchins

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Forthcoming Events

- Monday July 8th
Jubilee Club visit Falmouth see p26
- Thursday July 11th
WSM Shop Shareholders meet see p15
- Saturday July 13th
Bingo Parish Hall see p1
- Sunday July 14th
Cream Teas at Glanville House see p9
- Saturday July 20th
The TEXANS at the Parish Hall see p36
- Sunday July 21st
Open Garden Wyke House see p11
- Saturday July 27th
TAMAR R&R DJ Dynamite see p13
- Sunday July 28th
Summer Craft Fayre Parish Hall see p21

- Saturday August 10th Safari Supper
- Sunday August 18th - Crepes and cider/wine
- Saturday August 31—TAMAR R&R TORY see p17
- Wednesday September 18th - REVEL Produce Show Setup Tuesday
Evening in the Parish Hall
- Friday September 20th - Bingo Parish Hall
- Saturday September 21st Revel
- Monday September 23rd Harvest Supper in the Church
- Sunday September 29th Nankersey Male Voice Choir in the Church
- Saturday October 26th - Halloween party
- Saturday November 23rd. Christmas Market
- Saturday November 30th - Wreath Making Parish Hall
- Friday December 6th Mulled Wine at Wentworth House
- Saturday December 7th - Christmas Bingo and Draw
- Sunday December 8th - Christmas Craft Fayre
- Thursday December 12th Johnny Cowling Carols/Christmas Concert
- Friday – Mon December 20th,21st,22nd & 23rd - Christmas Tree festival
with Father Christmas
- Tue Dec 24th Crib Service

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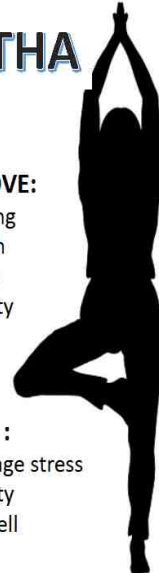
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Week St Mary Playgroup



Welcomes you

10am - 12 every Tuesday
at Week St Mary Village Hall

Come along and have some fun !



Join coffeepots baby and toddler group on
Facebook or email coffeepotswsm@gmail.com

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C A M E O

Come And Meet Each Other

Meeting is Friday 19th July

@2:00pm at the home of Sue & Rob Isherwood
11, Ashbury Grove

Everyone most welcome for tea, coffee, biscuit or cake and an opportunity for a chat.

As ever, transport can easily be arranged but will people please book with

Sue Dickenson 01288-341016

Look forward to seeing you !

Happy Memories, Memory Cafe

For people with memory problems, big or small, old or new,
all ages welcome.

Meets at Week St Mary Church 2-4pm on the
second and fourth Monday of every month.

Company, games, chat, memory training, exercises,
nostalgia, music, practical help and signposting support
through Disability Cornwall.

Want more Information? Talk to Sue 01288-341016

ADVENTURE CHURCH

Week St Mary Adventure Church meets every Tuesday
during Term time. We meet in and around Week St Mary
Church at 4:30pm and enjoy a bible or moral story and prayer
followed by fun and adventurous activity before enjoying a
shared meal. All welcome age 5-12, (One adult per family
must also attend please).

Lesley Booker 01288-341221

CRIME REPORTING



To report a crime telephone number **101**
or Email: 101@devonandcornwall.pnn.police.uk

To give anonymous information
Crimestoppers 0800 - 555111



Thought for the Month

One mans junk
Is another mans treasure

Jeanette Turner

Week St Mary Bonaventures WI June Meeting

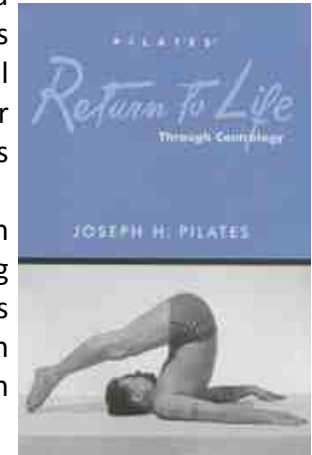
This month we were delighted to welcome Martin Brooks, our
local Pilates teacher, to talk to the group.

Martin has been teaching Pilates for more than 14 years and
shared his experience of becoming a
teacher following a back injury 25 years
ago. Pilates can help with many skeletal
conditions and can also supplement other
treatments for joint pain in areas such as
hips and backs to help avoid surgery.

Pilates was originally designed by Joseph
Pilates, a German intern in the UK during
the 1st World War, and he designed his
ideas based on body mechanics which
were later published in his book "Return
To Life".

The system was designed for use by every-
one but is also used to improve performance for elite sports
athletes such as Olympic swimmers and Rugby players.

Martin shared some inspirational quotes from Joseph Pilates such
as "The Pilates Method teaches you to be in control of your body
not at its mercy".



Martin went on to quiz the group about
the name and purpose of various body
joints and muscles and worked through
a variety of gentle exercises to assist
with joint pain and mobility issues. He
explained that there may be many rea-
sons for joint pain and how it is essen-
tial to concentrate, whenever possible,
on good body position and posture to
help relieve joint pain. He also used his
spine model "George" to explain how



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WEEK ST MARY PARISH HALL 100 CLUB



The **June** 100 club winners are:-

1st No 99 Jasmine Parker £25

2nd No 86 Wendy Stallard £20

3rd No 39 Hannah Emery £10

New Members welcome!
Thank you for your support
Margaret Johns
07856-357424



MEET AND EAT

Monday 1st July

Tea & Coffee available in a warm space from 11:00,

Soup & Sweet from 12:00 noon in the Parish Hall

*Open to all ages newborn to 100+
come and enjoy some lively helpers & company,
a choice of soups and more importantly
a great choice of desserts.*

Sue Dickenson WSM341016

Linda Cobbleddick WSM341468

Sue Dyer WSM341083



Everyone and we mean EVERYONE is most welcome

WEEK ST MARY CHAPEL



Chapel Services for July 2024

Sun	7th	10:30	Morning Worship led by the Worship Team
Sun	14th	10:30	Worship Lunch. Short service of worship followed by hot roast dinner. Book with Len or Trina, 341513 or 341317
Sun	21st	10:30	Let's Meet. Shared informal worship led by members
Sun	28th	18:30	Café Church

We continue to produce weekly printed service sheets available via our website www.weekstmarymethodist.co.uk or from the notice board at the chapel.



Services at St Mary's Church

July 2024

Sun	7 th	10:00	All Age Worship
Sun	14 th	18:00	Evensong
Sun	21 st	11:15	Holy Communion
Sun	28 th	10:00	Morning Prayer

Every Wednesday @ 09:30am there will be a Zoom service of Morning Prayer

nerves connect to our joints via the spinal column.

His overall message was "keep moving" if at all possible as we are designed to be active and the group thanked him for his very informative and inspiring advice.

Martin runs weekly Pilates classes at Week St Mary Village Hall on Thursdays at 9.15 am and 10.30 am, as well as other classes locally, and more information can be found by visiting his website at www.northcornwallpilates.co.uk

Our regular WI meetings now take a break for the summer but there will be a social evening for members and guests in July. Our regular meetings will resume in September and details of upcoming speakers will be available in the August magazine.

For further details about our WI please contact our Secretary, Roberta Jones, on 07788 548875.



Celebrations this Month



George Horrell

A Very Happy 10th Birthday on the 4th

Nick & Pauline Davies

A Very Happy 65th Wedding Anniversary on the 11th

Chloe Healy

A Very Happy 12th Birthday on the 18th

Louis Motsch

A Very Happy 13th Birthday on the 24th

Dan Booker

A Very Happy Birthday on the 24th

Any Birthdays or Anniversaries always welcome.

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YOUNG VOLUNTEERS NEEDED

The Village Community Shop is looking for some young, local people, aged 14 or over, to volunteer in the shop from 3:00pm to 5:00pm on Saturday afternoons on a regular rotational basis.

Also to cover occasional afternoon shifts during the school holidays.

Tasks will include shelf-filling, learning the till and interacting with customers.

Please contact Jackie in the shop if you know of anyone who might be interested.

Thank You

St Mary's Church Curtain

Week St Mary Church was delighted to receive a new door curtain designed and made by the Craft Group in the village.

On Saturday 8th June the new curtain was put in place in time for the Induction of Rev David Saunders and it will be dedicated in the near future. Special thanks to Judith Taylor, Nicole Rollo, Louise Lamb, Barbara Brown and everyone else who contributed their time and skill.



Week St Mary

Community Shop

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OFFICE

Spend a little less elsewhere and make a
BIG difference here ...

Daily Essentials:

Bread * Milk * Eggs * Newspapers

- * Post Office Counter Services
- * Local Produce
- * Fruit & Veg, general provisions
- * National Lottery Tickets
- * Licensed to sell Alcohol
- * Dry Cleaning Service

Sunday	10:00 - 12:00	PO CLOSED
Monday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Tuesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Wednesday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Thursday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Friday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Saturday	08:00 - 13:00 & 15:00 - 17:00	PO SHOP HRS
Bank Holiday Opening:	10:00 - 12:00	PO CLOSED

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St Annes Residential Home Whitstone

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for more information.

We are also holding a Coffee morning on the first Thursday of each month at 11:00am, for all who wish to come in for a hot drink and a piece of cake for a small donation to our resident's fund.

It would be great to see as many people as possible joining us.

Dancing Group

'THE TEXANS'

In Week St Mary Parish Hall on

Saturday 20th July

at 7:30pm to 11:00pm

£6 admission

In aid of Parish Hall funds

SUNDAY 14TH JULY

2.30 pm to 5.30 pm

Cream Tea IN THE GARDEN



GLANVILLE HOUSE

The Square, Week St Mary EX22 6UH

by kind permission of Nick & Wendy Couch

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BOUNCY CASTLE

(weather permitting) for U10's on payment of cream tea.

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AI has got it wrong!

I have been on the periphery of AI for some time, but have found contrary to many peoples understanding, AI is a long way off from being the tool to save the planet. Moreover, if it continues on its present trajectory and without suitable Governmental controls it could very well be our destruction.

Sadly, thieves and scammers are very much in the forefront exploiting its weaknesses as a useful tool.

For example, I wrote an advert on eBay selling a broken laptop, the copy reads;

"I am selling a damaged Lenovo laptop B50 for spares, the unit will not boot up and has some keys missing, sold without ram, adapter or hard drive. UK sales only returns not accepted".

I copied that text into Ebay's AI copy writer, this what it gave me;

"This laptop is perfect for your computing needs. It is a reliable and efficient device that will help you get your work done with ease. Whether you need it for work or personal use, this laptop is sure to meet your requirements. With its sleek design and powerful specifications, it is a great choice for anyone in need of a high-performance laptop. It is ideal for multitasking, running multiple applications, and browsing the web with ease. So, whether you need it for work or play, this laptop is the perfect choice for your computing needs".

There's no mention of damage or that it does not work. Only a spin on the manufacturers promotional copy!

People should be aware, anything presented via the internet these days can be **fake!!**



Imagery, Voice, Music all can now be cloned, reconstructed and presented falsely as the real thing. Much work needs to be done, both in development and in governmental control before it becomes the saviour of mankind.

BT has decided, as it is so far behind schedule, it will delay terminating the existing analogue telephone system and will introduce the compulsory digital VOIP system in 2027 and not 2025 as previously planned. EE will take over BT's retail arm in a rolling change and Open Reach will be the Broadband supplier. Incompetence will continue as before, without change!

For free telephone advice call Brian Meadows on 01288 381061

Nofix-Nofee Computer Repair Services

Lunch Club

WSM Church Lunch Club meets every month in the church for a simple main course and sweet with the opportunity to meet up with local friends and enjoy relaxed company and conversation.

The Lunch Club will meet this month on

Wednesday 17th July.

If you would like to join us, please phone **01288-341221** by **Sunday 14th**. (Places are limited by space)

LEGO CAFÉ

This month's Lego Café will be held on

Saturday 13th July in the Church.

Breakfast is served between **9:30 and 11:30** with Lego until **12pm**. Everyone is welcome to join us for Breakfast, Lego building or both.

The Lego sessions are free and we have a very large collection of loose Lego and Duplo including Harry Potter, Technical, Vintage, and Star Wars.

The optional Breakfast is very reasonably priced and you don't have to play Lego to access it!!

Enquiries to weekstmarychurch@gmail.com

PLEASE NOTE NO MEET IN AUGUST

JUBILEE CLUB have organised a Coach Trip to

FALMOUTH on **MONDAY 8th JULY**

You are very welcome to join us.

Pick up at Wainhouse Corner

Please contact Diana **01840-261366** for more details



**COME & ENJOY
AN
OPEN GARDEN**

**Sunday 21st July
2.30pm-5.30pm**

at
**WYKE HOUSE
Week St. Mary**

by kind permission of Linda Cobbledick

**£3.50 to include
Tea, Coffee & Cake
• RAFFLE •**

*Proceeds to enable **POOR MAN'S PIECE**
to be used as a village recreational space*

Sean Johns Plumbing & Heating



has recently moved out of the village but will continue to provide plumbing services to all customers old & new

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His victory over death. Thomas, however, was not present during this encounter and expressed scepticism when told about Jesus' appearance. He demanded physical proof, stating that he would not believe unless he saw and touched Jesus' wounds.

In response to Thomas' doubts, Jesus graciously appeared to him, offering the physical evidence he sought. Upon seeing and touching Jesus, Thomas' doubts were erased, and he proclaimed his belief in Jesus as Lord and God.

This passage emphasizes the importance of faith – believing without seeing. Jesus acknowledges the challenge of believing without tangible evidence, yet He also blesses those who are able to maintain faith without sight.

I am reminded how we often pray when we need help either for ourselves or a loved one, yet we are called to pray often and indeed give thanks, not just when we are in need. We will not always see the signs around us and will have doubts just like St Thomas, but God offers hope and peace in times of trouble.

We are all on different journeys and turn to God in different ways. Our united benefice is full of love and community spirit. Let's keep reminding ourselves that we may not always see what God is doing in our lives and at times may have doubts, but God is love and always present in the ups and downs of life, no matter where we are on our faith journey. All we need are the eyes to see and ears to hear.

John 20:19-31

Volunteer Drivers Needed in Your Area

Do you have spare time, a Couple of Hours, Regular or Ad-Hoc, Evenings/Weekends, Odd Days.

You will be providing a vital service & helping isolated & vulnerable people get to where they need to be. Our drivers complete a journey for Hospital appointments, School Runs, Charities & group events.

For full details either email at bookings@volunteercornwall.org.uk or phone on 01872-265300

Ruminations from the Rectory

As I write this, I have been in post less than a week. However, during this short time both Dianne and I have been humbled by the kind and loving reception we have received from everyone we have met following my induction and licensing on 9th June. It is a truly wonderful community.

Coming from a pastoral ministry calling and wearing a collar in the parishes gives me the opportunity for many 'God conversations', and every now and then I hear the comment "I don't go to church, but it's good to meet you". This is often followed by "But when life gets hard, I do pray for a miracle".


One of the most affirming ministries of my curacy was the time spent in care homes and, in particular, the time spent with dementia patients. I was often struck by those who would not attend my communion services in the community lounges and sat at the other side of the room. They would say they had no faith or indeed doubted their faith, yet when we said the Lord's prayer, they would utter the words of the prayer from the other side of the lounge as if they were recounting a past encounter with faith. These instances affirm to me that even when people doubt, there is still a part of them that places their hope in God.

The 3rd of July sees the festival and celebration of St Thomas. Thomas the Apostle, also known as Didymus, was one of the Twelve Apostles of Jesus, according to the New Testament. He is commonly referred to as "Doubting Thomas" because he initially doubted the resurrection of Jesus Christ. However, upon seeing the healed wounds on Jesus' body after the crucifixion, he confessed his faith with the words, "My lord and my God." The story of Doubting Thomas in John 20:19-31 reminds us of the struggle many people face in their faith journey. It is natural to have doubts and questions, and this passage demonstrates how Jesus compassionately addresses those concerns.

When Jesus appeared to His disciples after His resurrection, He offered them peace and showed them His wounds as evidence of

T A M A R

ROCK & ROLL CLUB



DJ Dynamite Dave Saturday 27th July

£5 on the door

More info text Jackie on 07533-353388

7:30 - 11:30pm	No Bar
Bridgerule Village Hall	Free Tea/Coffee
EX22 7DY	Raffle

Email freewayalbus@mail.com
Facebook @ TamarRockandroll

INDUCTION OF REVD DAVID SAUNDERS

A joyous occasion at St. Mary's Church, Week St Mary on Sunday 9th June for the Induction of Reverend David Saunders to the Bude Coast and Country Benefice as Oversight Minister.

As well as Revd. David's family attending there were friends from Ascot, local dignitaries, members from the churches in this Benefice and lots of people from the local communities. A special thank you to everyone who helped in any way on the day.

The Churchwardens.



L to R... in photo.
Revd David Saunders,
Rt Revd Hugh Nelson Bishop of St Germans
and Revd Kelly Betteridge Archdeacon of Bodmin.

CHILDREN'S COMPETITION

Group 1	Under 5	Group 3	Age 8 to 10
Group 2	Age 5 to 7	Group 4	Age 11 to 16

Children's trophy will be awarded to the best entry out of all 4 groups in each category

Please accompany your entry with your name and age in a sealed envelope

CHOCOLATE BROWNIES

200g unsalted butter
200g dark chocolate chips
175g brown sugar
3 eggs
1 tsp vanilla extract
75g plain flour
30g cocoa powder

Preheat oven to 180°, Fan 160°, Gas 4.

Grease and line a 20cm/8in square tin with greaseproof paper.

Place butter and chocolate chips in a heatproof bowl and microwave for 1 minute approx. until melted (or over a bowl of hot water).

Stir until smooth.

Add sugar and vanilla, mix, then add eggs and mix well until smooth.

Add flour, cocoa and salt and stir until smooth. Pour into tin.

Bake for 25 to 30 minutes approx.

Rest for 10 minutes before lifting out of the tin. Allow to cool for at least 20 minutes before cutting into 4 squares.

Store in an airtight container for up to 4 days, or freeze for 3 months.

DECORATED PLACE MAT

**Dinner Plate sized cardboard round,
covered and decorated.**

Each place mat will be judged according to age, and the best entry in each age group will win a small prize.

ORANGE CURD

100g / 4 oz butter
200g / 8 oz granulated sugar
3 standard eggs and 1 standard egg yolk beaten together
2 medium-sized oranges and 1 medium sized lemon

Melt butter in a basin standing over a saucepan of gently simmering water (or double saucepan).

Add sugar, beaten eggs and finely grated rind and juice of oranges and lemon.

Cook gently without boiling until Curd thickens sufficiently to coat the back of a spoon. **(This is important because if overheated the mixture may curdle and separate)**

Pour into clean, dry and warm jars and cover as for jam.

Store in a very cool place and Do not keep for longer than two weeks

~~

Arrangements for participants and viewing

Please bring your entries to the Parish Hall from 10am – 12.30pm, with your name and contact number for each item in a sealed envelope. If you cannot manage this, please contact someone who can bring them for you.

Judging will take place from 2pm.

The Hall will remain closed at this time.

Doors re-open for viewing at 6pm and presentation of cups will take place at 6.30pm. Please remove your entries at 7pm

One entry, per person, per section
(20p per entry for Parish Hall Funds)
(Children's entries Free)

WEEK ST MARY COMMUNITY SHOP LIMITED

("the Society")

**A Community Benefit Society registered with the
Financial Conduct Authority – no. RS7467**

**Registered Office: Week St Mary Parish Council Office,
Week St Mary, EX22 6UL**

**NOTICE OF MEETINGS TO BE HELD ON 11th JULY 2024 IN
WEEK ST MARY PARISH HALL, COMMENCING AT 19:30hrs.**

MEETING TO ELECT MANAGEMENT COMMITTEE MEMBERS

1. List of nominations received by the Secretary
2. Explanation of voting process
3. Voting by members
4. Counting of votes by the Secretary

Note: Lesley Booker, Linda Cobbledick, Micheline Smith, Sandra Smith and Stephen Smith were all elected at the 2021 AGM to serve for a 3-year period. They have all offered themselves for re-election.

FIFTH ANNUAL MEMBERS' MEETING

1. Chair's welcome and introduction
2. Approval of the minutes of the previous AGM held on 29th June 2023
3. Consider and, if thought fit, pass the following resolution:
"As permitted by rules of the Society, it is hereby resolved that the Society decides not to appoint a qualified Auditor to audit its Annual Accounts for the year ending 28th February 2025 in accordance with section 84 of the Co-operative and Community Benefit Societies Act 2014."
4. Receive the Annual Accounts for the year ending 29th February 2024
5. Report on the state of membership of the Society and the membership strategy
6. Report by the outgoing Management Committee on the Society's performance in the year to 29th February 2024 and plans for the next 2 years
7. Declaration of the results of the election of those who are to serve on the Management Committee going forward
8. Any other business

**ONLY MEMBERS (SHAREHOLDERS) OF THE SOCIETY
CAN ATTEND THESE MEETINGS**

WEEK ST MARY COMMUNITY SHOP LIMITED ("the Society")

Elsewhere in this month's Magazine, you will find the formal notice of annual meetings of Week St Mary Community Shop Limited. These will take place on 11th July 2024 in the Parish Hall, commencing at 7.30pm.

The Society is regulated by the Financial Conduct Authority so the format for these meetings has to comply with legal requirements and looks very formal.

Please don't let this deter you from attending as this is an opportunity to hear how the shop and Post Office is faring and about the challenges it faces over the next few years.

A few actions are required prior to the meetings:

1. Any member who wishes to put themselves forward for the Management Committee (there can be up to 12 members) should let Lesley Booker know by **4th July 2024**.
2. Any member who wishes to have an item raised under "any other business" should provide details (in writing) to Lesley Booker by **4th July 2024**.
3. Anyone who is not yet a member but would like to be so they can attend the meetings should contact Stephen Smith by **4th July 2024** so that a purchase of shares can be arranged (minimum share purchase £10)

We look forward to seeing as many members as possible from our 100 plus shareholders at the meetings.

Lesley Booker
(01288-341221 , lesleybooker@gmail.com)

Stephen Smith
(01288-341689, sasmith007@yahoo.co.uk)

Frangipan Flan Recipe

Flan Pastry **Oven temp 200° Fan 180° Gas 6**
4 oz Plain Flour
3 oz Butter or Margarine
1 tsp caster Sugar
1 egg

Rub the fat into the flour until it resembles fine crumbs. Mix in the sugar, add the egg, stirring until the ingredients begin to stick together, then collect the mixture together with one hand and kneed lightly to give a firm smooth dough.

Frangipan filling

2 tbsps raspberry jam **2 oz butter or marg**
2 oz caster sugar **1 egg beaten**
A few drops of almond essence
2 oz ground almonds
(½ oz flour, 2 oz icing sugar for topping)

Roll out pastry and line a 7 inch flan ring, taking the pastry up the sides of the flancase. Spread the bottom of the pastry with the jam. Cream together the fat and sugar until pale and fluffy and add the beaten egg and essence a little at a time, beating well after each addition. Fold in the ground almonds and flour with a metal spoon. Put the filling into the jam lined pastry case. Roll out the trimmings of the pasty and cut ¼in (0.6cms) wide strips to form a lattice on top of the filling. Bake flan in the centre of the oven for 10 - 15 mins, then reduce the oven temp to 180° Fan 160° Gas 4 for a further 15 - 20 mins, until the filling is firm; remove from the oven. Mix the flour and icing sugar with a little water to produce a thin icing which can be brushed on top of the flan when cooked.

~~~~~

## CORNISH PASTY – Any Recipe maximum length 18cm (6inches)

~~~~~

PRESERVES BEETROOT CHUTNEY - Any Recipe

~~~

# GREAT VILLAGE CAKE and PRESERVE COMPETITION

Wednesday 18<sup>th</sup> September  
WSM Parish Hall

## Cake Competition

Dundee Cake - own recipe  
Cornish Pasty - own recipe

## Preserve Competition

Beetroot Chutney - own recipe  
Orange Curd - recipe provided

## This year's Extra Challenge

Frangipan Flan - Recipe provided

T A M A R

ROCK & ROLL  
CLUB



TORY  
Saturday 31<sup>st</sup> August

£10 on the door

More info text Jackie on 07533-353388

7:30 - 11:30pm  
Bridgerule Village Hall  
EX22 7DY

Free Tea/Coffee  
Raffle  
Clothing Stall

Email [freewayalbus@mail.com](mailto:freewayalbus@mail.com)  
Facebook @ TamarRockandroll

## RUDI AND WILL

The World Agility Open of 2024 in the Netherlands was one of truly mixed emotions for Will and Rudi as they proudly represented Scotland for the third and final time as a partnership. It had long been decided that this would be Rudi's last event before his retirement from competitive agility after the most incredible career.

Will himself was still recovering from glandular fever but was determined to see Rudi bow out at the very highest level. There were no expectations of a medal, but more a wish to give Rudi the finish to his career that he deserved. For this special spaniel to even be selected to run here when well past his 11th birthday is a testament to his ability.

Will and Rudi took part in several competitions at WAO but the blue riband event was the Pentathlon. The initial aim here is to be high enough up the leader board after two rounds (one jumping and one agility) to make the cut to qualify for rounds three and four. The number of high quality competitors our pair would be facing was clear from the start.

Agility round 1 was in the main arena and a steady, well handled clear round was exactly what was required. This clear round was good enough to see them through to rounds 3 and 4 despite an elimination in Round 2. Part 3 of the pentathlon was another agility round in the main arena.

Another great round saw just one error with a missed dog walk and 5 faults. The team needed to be in the top 20 positions in the pentathlon after 4 runs to qualify for the final event the next day. Given the relative speed of Rudi and the position they were in after three runs, this was extremely unlikely. So, part 4 of the pentathlon was going to be Rudi's last ever competitive run.

Will was delighted that the jumping course had been designed and was to be judged by one of Will's favourite judges, Natalie Grace. It was a lovely course for Rudi to finish on and Rudi responded, overcoming some fatigue on what was still a warm day to produce one final clear round.

What a super way to finish a stellar career - at the World Championships, with a fantastic judge and going clear.

There were plenty of celebrations and not a few tears from supporters and Scotland team members as Rudi took the final jump. Will and Rudi, in a pentathlon class of nearly 100 of the world's best pairings, finished in a very creditable 35th place.

Thank you to all of those in Team Scotland who were great company and support for everyone.

It's only right to say a few words about Rudi on his retirement. This incredible dog was rehomed aged 17 months and Will was told by his



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**Pilates  
Classes**

**pilates**  
North Cornwall

Week St Mary Thurs 09.15 & 10.30  
Also at:

Canworthy Water,  
Warbstow, Higher Crackington  
Launceston, Bodmin, St Kew  
On Zoom Weds

What does Pilates do?

- Targets the deep core stabilising muscles
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Martin Brooks 07812 959 879

[www.northcornwallpilates.co.uk](http://www.northcornwallpilates.co.uk)

[martin@northcornwallpilates.co.uk](mailto:martin@northcornwallpilates.co.uk)

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## 15r Agenda items

Week St Mary path project  
Lambley Corner  
First aid training  
Citizens Advice Cornwall statistics  
Sustainable Bude CIC appeal for volunteers  
Modification of Definitive Map – Downrow  
Vandalism in the parish  
AGAR

- \* The end of year financial year finances were agreed and the bank reconciliation was signed.
- \* The internal audit was noted.
- \* The Annual Governance Statement was reviewed and signed.
- \* The Accounting Statements were reviewed and signed
- \* The Conflict of Interest with BDO LLP form was signed.

## 16. Accounts

### Balances May 29, 2024

|                        |                                  |
|------------------------|----------------------------------|
| Current account        | £ 9,596.81                       |
| Reserve account        | £28,710.56                       |
| Community Benefit Fund | £ 1.00 (money to be transferred) |

### 16a. To approve accounts for payment:

### 16b To note income

### 17. Date of next meeting Wednesday, July 3rd

The meeting closed at 8.30pm.

**Next Ordinary meeting 3rd July @07:00pm**

Suzanne Cleave - 07853-298595 [wsmclerk@gmail.com](mailto:wsmclerk@gmail.com)

previous owner that he was 'untrainable'. Nothing could be further from the truth. Despite his late start, Rudi has had an incredible career with Will. The pair have twice brought home gold medals for Team GB from the Junior Open Agility World Championships, have a record breaking 7 Young Kennel Club titles together at Crufts, countless championship final appearances, a fourth place finish in the final of KCI - the biggest agility show in the world, and Rudi won an International Tour event meaning Will became the youngest ever handler to achieve this feat. All of this when lockdown robbed Rudi of nearly two years of competition in the middle of his career when he was at his absolute peak. He is the most loving, loyal and easily trainable agility dog you could wish for - a true star.

Rudi is now enjoying the first weeks of his well deserved retirement while Will is focussing on the next agility dog in the family, Brave, who has already started to move up the grades.

Finally, a huge thank you to everyone in the village who has supported Will and Rudi over the years at fundraising events and with their many kind words and good wishes. It has meant such a lot to Will.

You can see lots of photos, videos and stories about Will, Rudi and the other spaniels including his runs at WAO this year and in previous years at [willbacchus.com](http://willbacchus.com)



**Week St Mary Church**  
**BOOK YOUR TICKETS** **Safari**  
**01288 341221**

*Saturday*  
*10th*  
*August*

**Supper**  
**5 COURSES £20 UNDER 5 FREE**  
**PRIMARY £5 : ADVENTURERS FREE**

|                 |                     |
|-----------------|---------------------|
| Reception       | II, Ashbury Grove   |
| Starter         | Ranelagh            |
| Main            | Week St Mary Church |
| Sweet           | Lambley Park        |
| Coffee & cheese | Regent House        |

None.

**8b. Decisions**  
The following decisions were noted:  
PA24/00170/PRE – Pre-application advice for re-siting of approved dwelling under permission number PA23/08270. Land south of Burdenwell Cottage, Week St Mary.

PA22/07929 – Change of use to residential caravan site with 22 residential caravans proposed, together with associated landscaping and infrastructure, and the demolition of existing buildings. Treetops, The Square, Week St Mary. WITHDRAWN

Proposed double garage and change of roof covering. The Cottage, Week Orchard. Marhamchurch. WITHDRAWN

**11c. Planning - to note**  
The following notice was noted:  
PA24/03691 – Prior approval for proposed formation, alteration or maintenance of private ways for agricultural or forestry use. Week Orchard, Marhamchurch.

**12. Portfolio Reports:**  
**Playground**  
**Highways, Footpaths & Greens**

**13. Correspondence including (all relevant emails forwarded):**

**14. Community Infrastructure Levy and Community Benefit Fund applications**  
\* None

**Week St. Mary Parish Council  
held on Thursday, June 6th 2024**

- 1 Public question time** (15 minutes allowed for this – on matters on the agenda only)  
None.
- 2 To receive County Councillor Nicky Chopak’s report on matters arising**  
No report.
- 3 To note councillors present**  
Cllrs C Slade (chair); I Richardson (vice chair); T Hamlyn; M Johns; S Peters; R Shipton and L Stephens.  
Also in attendance: S Cleave, clerk.
- 4 To receive apologies for absence with reasons**  
Cllr Gubbin – working; Cllr Bolt – working; Cllr Nicky Chopak – unwell.
- 5 To receive Declarations of Interest and approve Dispensations**  
None.
- 6 To approve the minutes of:**  
Councillors approved the minutes of the Ordinary meeting held on Thursday, May 2, 2024.
- 7 To receive clerk’s report on matters arising**
- 8. Planning**  
Any late applications received will be discussed under this section
- 8a. To discuss and make a consultee comment on application:**

## Summer Craft Fayre



on



**Sunday July 28th**

at the



**Week St Mary Parish Hall**



**11:00am to 2:00pm**














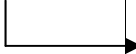









Bookings to Margaret Johns

07856-357424

Sellers £7 per table

In aid of Hall funds



| Mon                                                   | Tue                                                                                                                               | Wed                                                                                                                                                                                                          | Thu                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Fri              | Sat                                                                                                                                                 | Sun                                                                           |
|-------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| 1 Meet & Eat see p39                                  | 2 WSMPG see p41<br>Adventure Church see p40<br>  | 3<br>                                      | 4 Coffee Morning MSR 10:30 to 12:00 noon<br>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 5                | 6<br><b>INTERNATIONAL KISSING DAY</b>                                                                                                               | 7 All Age Worship 10:00 see p38                                               |
| 8 HMMC see p40<br>Jubilee Club visit Falmouth see p34 | 9 WSMPG see p41<br>Adventure Church see p40<br>  | 10<br>                                                                                                                      | 11 WSM Shop Meet see p15                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 12               | 13 LEGO Café see p34<br>BINGO see p1                                                                                                                | 14 Evensong 18:00 see p38<br>Cream Tea see p9                                 |
| 15<br><b>ST SWITHIANS DAY</b>                         | 16 WSMPG see p41<br>Adventure Church see p40<br> | 17 Lunch Club see p34<br>                  | 18 Coffee Morning MSR 10:30 to 12:00 noon<br>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 19 CAMEO see p41 | 20 The TEXANS see p36                                                                                                                               | 21 Holy Communion 11:15 see p38<br>Open Garden see p11                        |
| 22 HMMC see p40                                       | 23 WSMPG see p41<br>                           | 24<br><b>NATIONAL TEQUILA DAY</b><br>  | 25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 26               | 27 TAMAR R&R see p13<br><b>WORLD DAY FOR GRAND PARENTS</b><br> | 28 Morning Prayer 10:00 see p38<br>Café Church see p38<br>Craft Fayre see p21 |
| 29                                                    | 30 WSMPG see p41<br>                           | 31<br>                                 | <p>Regular items appear as these symbols on the calendar - PH is Parish Hall, MSR is Methodist School Room, WSMPG is the Play Group, WSMWG is the Walking Group</p>  COFFEE MORNING<br> MOBILE LIBRARY<br> MEETING<br> RECYCLING DAY<br> RUBBISH DAY<br> Craft Group MSR |                  |                                                                                                                                                     | <p><b>July 2024</b></p>                                                       |